

Maintain Your Smile

Visit the dentist for
preventive care



Did you know that your plan covers **100%** of your diagnostic and preventive¹ dental care needs when you visit a dentist in the Delta Dental PPO™ network?²

Each 12-month period, your Delta Dental benefits include the following:

- 2 oral exams
- 2 routine cleanings
- Fluoride treatments
- Bitewing x-rays (2 sets under age 18 and 1 set for adults)

When am I eligible for my next cleaning?

You are covered for two cleanings within a 12-month period. For example, assume you had a cleaning on August 16, 2018 and a second cleaning on February 19, 2019. Your next eligible cleaning is August 17, 2019: 12 months after your first cleaning on August 16, 2018.

Here are five great advantages to visiting your dentist twice a year:

1. Prevent gum disease
2. Detect cavities early
3. Eliminate bad breath
4. Monitor health for signs of oral and systemic disease
5. Make the most of your dental benefits

For more information about your plan, and to find a Delta Dental dentist near you, visit deltadentalins.com/ucship or call **888-335-8227**. For dental health-related tips, visit mysmileway.com.

¹ Diagnostic and preventive services do not apply to your annual maximum and deductible.

² This applies to any Delta Dental PPO dentist. Coverage is also provided when you visit an out-of-network dentist; however, you are responsible for paying the difference between the dentist's charges and the plan allowance.