

Patient Instructions for Stool collection for Occult Blood Test(s)

1. Confirm the orange Cap collection container is labeled correctly with:

- your (the patient) first and last name,
- the date and time of collection, and
- another identifier such as date of birth or healthcare number.

Incorrectly or incompletely labeled specimens will not be tested.

2. **Do not** use laxatives, antacids or anti-diarrheal medication for at least 1 week before collection of the specimen.

3. First pass urine into the toilet (if you have to).

4. Collect the stool specimen in a clean wide-mouthed container (or directly into the sterile Orange capped plastic cup provided by lab) (eg. paper plate).

The stool specimen must not come in contact with water or urine.

5. Carefully unscrew the cap from the plastic collection container. Do not touch the inside of the lid or container with your fingers.

6. Do not collect sample if blood is visible in your stool or urine (e.g., menstruation, active hemorrhoids, and urinary tract infection). Contact your physician.

A. *Using a disposable spoon or applicator stick, transfer a small piece of stool to sample side of the Card provided. Apply a small amount to both sections labeled A and B.*

B. *Close cover tightly.*

7. **If a culture and sensitivity or O & P are also ordered, then close the cap on the orange capped container tightly and bring that along with the O & P containers.**

8. Seal the container in the zip locked section of the bag and requisition in the pouch section of the bag.

9. Wash your hands with soap and water.

10. Bring the Card and lab requisition to laboratory **as soon as possible.**