DIRECTIONS FOR ENAMELAST AFTER-CARE TREATMENT

After the application of Enamelast, a slight coating of varnish will remain on your teeth. In order to achieve the maximum benefit of treatment, please adhere to the following recommendations after you leave our office.

- Do not brush or floss for at least 4-6 hours. If possible, wait until the next morning.
- Avoid hard, sticky and hot foods or drinks as well as products containing alcohol (i.e., beverages, oral rinses, ect.) for 4-6 hours.
- Do not use oral fluoride supplements for 4 days.
- For maximum benefit, Enamelast can be reapplied every 3-6 months.

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