

Post Operative Instructions Following Dental Crown and Bridge

After your procedure, you will be numb. To avoid damage to your lip and tongue, you should avoid chewing until the numbness has completely worn off.

Sensitivity, especially to cold, is common for a few days following a dental procedure. Usually, the more extensive the treatment, the more sensitivity or soreness you may experience.

Following this treatment, the gum tissue and injection site could have been irritated during the procedure and may be sore but will resolve in a few days.

It's normal to experience some sensitivity to cold, however you should not feel constant pain. If that happens, please contact the clinic. If your tooth has had Root Canal Therapy, you should not have as much sensitivity with the tooth, however, the gums can still be tender. Use a warm salt water rinse to help with any short-term discomfort.

You have a temporary crown/bridge in the mouth cemented with temporary cement. The temporary material is not as strong as the final crown so chewing hard or sticky foods during this interim time is not advised as it can lead to the crown coming off or breaking. The temporary crown/bridge may not reflect the finish or the contour of the final crown/bridge.

Brush and floss your teeth and temporary crown/bridge daily, just as you would your natural teeth. The exception will be to pull the floss out from under the gum area rather than pulling the floss back up and through the tooth contacts to avoid the crown potentially coming off.

If you have any further questions please call our office.