

## **Information following Dental Fillings**

After your procedure you will be numb. To avoid damage to your lip and tongue, you should avoid chewing until the numbness has completely worn off.

Sensitivity, especially to cold, is common for a few days following a dental restoration. Usually the deeper the cavity, the more sensitivity you will experience.

The gum tissue and injection site could have been irritated during the procedure and may be sore for a few days.

The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies these small differences. You will become used to this in a few days.

White fillings are fully set immediately after placement and can be chewed on once the numbness has worn off. Silver fillings need time to set and should NOT be chewed on directly for 24 hours. Eat soft foods or use the opposite side of your mouth for chewing.

If you have any questions or concerns call the office.