MEASLES
HEALTH ADVISORY 2019

UCI Leadership continues to monitor Measles in the Los Angeles area

SIGNS & SYMPTOMS

The symptoms of measles generally appear about 7-21 days after a person is infected.

Measles typically begins with high fever, cough, runny nose (coryza), red, watery eyes (conjunctivitis), and tiny, white spots inside the mouth (Koplik spots).

3-5 days after symptoms begin, a red, raised rash will appear on the face at hairline and spread downward throughout the body. A person is considered contagious 4 days before & after the rash appears.

RECOMMENDATIONS

“What should I do if I think I’ve been exposed to Measles?”

DETERMINE IF YOU ARE ALREADY IMMUNIZED

You’re immunized if you have had two doses of the MMR vaccine after age 1, or a positive titer. If you don’t have either of these, please book an online immunization appointment through the UCI Student Health Center Patient Portal.

IF DIAGNOSED, PLEASE CONSIDER STAYING HOME

There is no specific treatment for Measles. If you have symptoms, please stay at home, drink plenty of fluids, and take a fever reducer (such as Tylenol).

CONTACT US IF YOU HAVE QUESTIONS

If you would like additional medical advice, please send a message to the Measles inbox through the UCI Student Health Center Patient Portal.

NOTE: This advisory will be updated as new information becomes available. Please check back periodically. Health information courtesy CDC.gov.

Last Updated: April 26, 2019